

Spiritual Focus

Each day should include:

- Prayer (morning, midday, evening if possible)
- Scripture reading
- Reflection/journaling
- Reduced entertainment and distractions

Suggested daily prayer focus:

"Lord, draw me closer to You. Strengthen my spirit as I deny my flesh."

"The Lord is near to all who call on him, to all who call on him in truth."

-Psalm 145:18 (NRSVUE)

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Macedonia Baptist Church of Baltimore City

"Lord, Draw Nearer To Us."

21 DAYS OF CORPORATE PRAYER & FASTING

Psalm 145:18





Day 1: Consecration & Repentance

Prayer Focus: Personal and corporate cleansing; alignment with God's will

Scripture: Psalm 51:10–12; 2 Chronicles 7:14

Prayer Emphasis:

- Confession of sin
- Repentance for complacency, division, and disobedience
- Fresh surrender to God/Crucify our flesh

Day 2: Love for God's Presence

Prayer Focus: Renewed hunger for God

Scripture: Psalm 27:4; Exodus 33:14–15

Prayer Emphasis:

- Desire for God over programs and traditions
- Sensitivity to the Holy Spirit
- Worship that transforms lives

Day 3: Unity in the Body

Prayer Focus: Oneness among members and leadership

Scripture: Psalm 133:1; John 17:21

Prayer Emphasis:

- Healing of relational fractures
- Elimination of gossip and division
- Unity across generations

Day 4: Pastoral Leadership

Prayer Focus: Strength, wisdom, and protection of our Pastor

Scripture: Hebrews 13:17; Isaiah 54:17

Prayer Emphasis:

- Spiritual covering
- Clear vision and courage
- Emotional and physical well-being

Day 5: Church Vision & Direction

Prayer Focus: God-ordained clarity for the future

Scripture: Proverbs 29:18; Habakkuk 2:2–3

Prayer Emphasis:

- Alignment with God's agenda
- Discernment for strategic decisions
- Faith to pursue bold goals

Day 6: Numerical Growth

Prayer Focus: Souls being saved and added to the church

Scripture: Acts 2:46–47; Matthew 28:19–20

Prayer Emphasis:

- Harvest of new believers
- Effective evangelism
- Spirit-led community engagement

Day 7: Discipleship & Spiritual Maturity

Prayer Focus: Growing mature followers of Christ

Scripture: Colossians 1:28; Ephesians 4:11–13

Prayer Emphasis:

- Strong teaching and training
- Quest for spiritual depth in Christ
- Accountability and growth

Day 8: Financial Stewardship

Prayer Focus: Faithful management of resources

Scripture: Malachi 3:10; Luke 16:10–11

Prayer Emphasis:

- Financial obedience
- Integrity and transparency
- Increased generosity

Day 9: Financial Expansion

Prayer Focus: New streams of income and sustainability

Scripture: Deuteronomy 8:18; 2 Corinthians 9:8

Prayer Emphasis:

- Increased income for the ministry
- Kingdom partnerships
- God-given ideas for increase

Day 10: Ministry Excellence

Prayer Focus: Competent and Spirit-filled ministry

Scripture: Colossians 3:23–24; Daniel 6:3

Prayer Emphasis:

- Skilled volunteers
- High standards without burnout
- God glorified through excellence





Day 11: Consecration & Repentance

Prayer Focus: Personal and corporate cleansing; alignment with God's will

Scripture: Psalm 51:10–12; 2 Chronicles 7:14

Prayer Emphasis:

- Confession of sin
- Repentance for complacency, division, and disobedience
- Fresh surrender to God/Crucify our flesh

Day 12: Love for God's Presence

Prayer Focus: Renewed hunger for God

Scripture: Psalm 27:4; Exodus 33:14–15

Prayer Emphasis:

- Desire for God over programs and traditions
- Sensitivity to the Holy Spirit
- Worship that transforms lives

Day 13: Unity in the Body

Prayer Focus: Oneness among members and leadership

Scripture: Psalm 133:1; John 17:21

Prayer Emphasis:

- Healing of relational fractures
- Elimination of gossip and division
- Unity across generations

Day 14: Pastoral Leadership

Prayer Focus: Strength, wisdom, and protection of our Pastor

Scripture: Hebrews 13:17; Isaiah 54:17

Prayer Emphasis:

- Spiritual covering
- Clear vision and courage
- Emotional and physical well-being

Day 15: Church Vision & Direction

Prayer Focus: God-ordained clarity for the future

Scripture: Proverbs 29:18; Habakkuk 2:2–3

Prayer Emphasis:

- Alignment with God's agenda
- Discernment for strategic decisions
- Faith to pursue bold goals



Day 16: Deliverance & Spiritual Warfare

Prayer Focus: Freedom from strongholds

Scripture: 2 Corinthians 10:3–5; Ephesians 6:12

Prayer Emphasis:

- Breaking generational curses
- Victory over addiction
- Spiritual authority

Day 17: Prayer Culture

Prayer Focus: Becoming a praying church

Scripture: Luke 18:1; 1 Thessalonians 5:17

Prayer Emphasis:

- Consistent corporate prayer
- Intercessors raised up
- Prayer as first response

Day 18: Leadership Development

Prayer Focus: Emerging leaders equipped and empowered

Scripture: 2 Timothy 2:2; Numbers 11:16–17

Prayer Emphasis:

- Identifying gifts
- Training and mentoring
- Healthy leadership pipelines



Day 19: Favor & Influence

Prayer Focus: Respect and impact in the city

Scripture: Proverbs 3:3–4; Acts 4:33

Prayer Emphasis:

- Favor with civic leaders, church leaders and gatekeepers of industry
- Influence without compromise
- Kingdom credibility

Day 20: Future Generations

Prayer Focus: Long-term legacy

Scripture: Psalm 78:4–7; Isaiah 59:21

Prayer Emphasis:

- Passing on faith
- Sustainability beyond current leadership
- God-centered succession

Day 21: Thanksgiving & Celebration

Prayer Focus: Praise for what God has done and will do

Scripture: Psalm 126:3; Philippians 1:6

Prayer Emphasis:

- Gratitude
- Renewed faith
- Commitment to continued obedience



Dawn to Dusk

Fast Schedule

- Begin: At sunrise (or 6:00 AM)
- End: At sunset (or 6:00–7:00 PM)
- No food or drinks (except water) during fasting hours

During the Fast (Daytime)

- Drink water only
- Pray and read Scripture
- Avoid unnecessary media and distractions
- Use meal times for prayer

Before Sunrise (Optional)

Eat a light, healthy meal:

- Fruit, oatmeal, eggs, or toast
- Water or herbal tea

After Sunset (Break Fast Wisely)

- Start with water or soup
- Eat balanced meals (protein, vegetables, grains)
- Avoid overeating



Health & Wisdom Notes

- Drink plenty of water
 - Rest when needed
 - Those with medical conditions should consult a doctor
 - Children, seniors, and those with health needs may modify
- Remember: God honors obedience and sincerity more than strict perfection.

Daniel Fast

Foods You May Eat

Fruits

- Apples, bananas, oranges, berries, grapes, melons

Vegetables

- Greens (spinach, kale, collards)
- Broccoli, carrots, peppers, onions, tomatoes
- Sweet potatoes, squash

Whole Grains

- Brown rice, quinoa, oats, barley
- Whole wheat bread (no sugar added)

Legumes & Beans

- Lentils, black beans, chickpeas, kidney beans
- Split peas

Nuts & Seeds

- Almonds, walnuts, cashews (unsalted)
- Chia, flax, sunflower seeds

Healthy Oils

- Olive oil, avocado oil (small amounts)

Beverages

- Water (primary)
- Unsweetened herbal tea

Foods to Avoid

- Meat, poultry, fish
- Dairy (milk, cheese, butter, yogurt)
- Eggs
- Fried foods
- Sugar and sweets
- White bread, pastries
- Processed foods
- Soft drinks, juice, alcohol
- Caffeine (coffee, energy drinks)